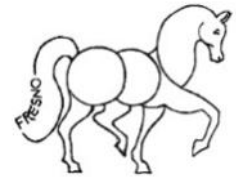


# FresNotes

July/August 2010



*Bi-Monthly Newsletter of the Fresno Chapter ~ California Dressage Society*

*Fresno Chapter of the California Dressage Society presents*

## **\*\*\* Dressage in the Valley III \*\*\***

**Sunday ~ October 31st**

**USEF ~ USDF ~ CDS**



***La Dolce Vita Equestrian Center***

***13244 East Bullard Ave.***

***Clovis CA 93619***

***Judge: Beverly Rogers (S)***

***Closing Date: October 21st***

***Premium/Entry Forms online @ [www.fresnocds.net](http://www.fresnocds.net)***

## CENTRAL RAAC

**SB-CDS IS PROUD TO HOST**

# **2010 CENTRAL REGIONAL ADULT AMATEUR COMPETITION & SANTA BARBARA FALL DRESSAGE**

**September 25-26, 2010  
at Earl Warren Show Grounds**  
*This is the last of the RAAC to be held, so don't miss out*

Premiums are available at  
[www.dressagetimes.com](http://www.dressagetimes.com)  
&  
[www.california-dressage.org](http://www.california-dressage.org)

**AWARDS ... COOLERS ... NECK RIBBONS  
HIGH SCORE ELITE ... HIGH SCORE NOVICE  
ROSES AWARD**



## REGION 7 CHAMPIONSHIPS - TALENT SEARCH

# GOT TALENT?

## CDS WANTS YOU!!

Do you have a special and entertaining talent? If so we are looking for you.  
Would you like to perform during the CDS Championship Show  
Friday Oct. 8 OR Saturday Oct. 9?  
We are looking for Quadrilles, special equestrian acts,  
singers, bands, or special attractions.

**If you would like to be part of the fun.  
Please contact me for the details.**

**[Glenda@glenroys.com](mailto:Glenda@glenroys.com)**

**Glenda McElroy  
Manager - CDS/USDF Region 7 Championships  
818.841.3554 - phone      818.840.8208 - fax**

~~~~~  
**CDS/USDF CHAMPIONSHIP SHOW  
OCT 7 - 10, 2010**  
~~~~~

# REGION 7 CHAMPIONSHIPS - VOLUNTEERS NEEDED

## CDS/USDF CHAMPIONSHIP SHOW

### OCT 7 - 10, 2010

Entries Close September 3, 2010

Prizelist: [www.california-dressage.org](http://www.california-dressage.org)

43rd Annual

**CALIFORNIA DRESSAGE SOCIETY**

**CHAMPIONSHIP SHOW**

*GAIG / USDF Region 7 Dressage Championships  
USDF Breeders Championships West Coast Series Final*

*Los Angeles Equestrian Center, Burbank, CA*

# VOLUNTEERS NEEDED

If you are not competing and would like to offer your services at the Annual Show, please let us know your preference and availability.

Fill out this page and fax, mail or email to :

Glenda McElroy [glenda@glenroys.com](mailto:glenda@glenroys.com)

PH. (818) 841-3554 FAX (818) 840-8208

Check the position you would most like to do:

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Full day 8:00 am - 5:00 pm OR 1/2 day 8:00 am to Lunch or Lunch to end of day

I can work (Number or days) \_\_\_\_\_

Full day \_\_\_\_\_ or 1/2 day \_\_\_\_\_

I will be able to help on following day (s):

Wed.  Thurs.  Fri.  Sat.  Sun.

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## ADULT CLINIC WITH CHARLOTTE BREDAHL BAKER

### PLATINUM PERFORMANCE/USDF ADULT CLINIC SERIES REGION 7

### "The Quest of the Pyramid"

*featuring*

### Charlotte Bredahl Baker

Saturday ~ November 20<sup>th</sup> and Sunday, November 21<sup>st</sup>

8am to 5pm

(Please arrive at 7:30 am to check-in)

**Starr Vaughn Equestrian Center**

**7541 Sloughouse Road**

**Elk Grove, CA**

**916) 689-5121**

More details/info/registration - [click here](#)

Interested in Riding? - [click here](#)

# SADDLE FITTING CLINIC

## SADDLE FIT CLINIC

*by Saddles That Fit! Independent Saddle Fitters*

Sept. 25, 2010 ~ Clovis CA

### You Will Learn:

How the horse is made ... How Western/English saddles are made ...

Key areas to check your saddle for fit ... What good fit feels like ... What bad fit feels like

Why the correct fit matters ... How to check your horse's back ... Which saddles fit horses!

### Does YOUR HORSE have Issues?

Walking off, biting, girthy, bucking, runs away, stumbles, can't relax, white spots?

### Do YOU have Issues?

Feel insecure and out of balance? Knees hurt? Have you come off your horse?

### A properly fitting saddle will:

Help you ride SAFER .. Help your horse RELAX .. IMPROVE your BALANCE ..

IMPROVE your PERFORMANCE .. Help you & your horse stay HEALTHIER

### Clinic Format:

**9:30am - 3pm:** Starts with a hands-on discussion of the mechanics of the horse and the function of saddles. Then participants apply that information by walking through a full saddle fitting with a horse & rider. Everyone learns how to feel for fit and to read what the horse has to say about fit with a rider trying out multiple saddle brands that fit better than most.

### Call by Sept. 12 to reserve your space

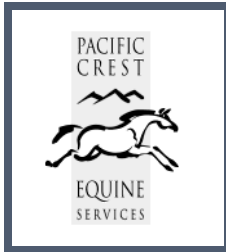
Participants limited to 12 ~ Auditing also available

209-245-3789

For more info:

[www.saddlethatfit.com](http://www.saddlethatfit.com)

## SORE BACKS AND SHOCKWAVE THERAPY



*Pacific Crest Equine Services has generously offered to provide informational articles to our Chapter readership. The publication of these articles are for your enjoyment and personal edification. The opinions expressed here are those of the author, and are not meant as a reflection of the opinion of the Fresno CDS Chapter members or Board.*

Almost all performance horses, and athletic humans, have some degree of back soreness. For dressage horses, this can be performance limiting. Asking dressage horses to lift their backs, become round, and drive from behind requires a supple back and spine. Distal limb injuries or lameness, a poor saddle fit, an unbalanced rider, or an injury to the back muscles or spine can all lead to back pain.

Diagnosing the cause of back pain can often require more than just a physical examination. Watching the horse move and limb flexions will help rule out limb lameness. Evaluation of the horse under saddle also helps determine if saddle fit or rider error can be contributing to a sore back. Thermography and radiology of the spine are also tools that practitioners can use to look for muscle injury or spinal problems such as "kissing spines" or arthritis.

Once the diagnosis is made and the primary problem corrected, it often takes time for the back muscles to heal and for suppleness and fluidity to return. There are many tools for helping the back heal, such as acupuncture, physical therapy, chiropractic work, fascial injections, and rest. Although we use all of these practices depending on the individual, Extra Corporeal Shockwave Therapy (ESWT) can provide exceptional pain relief and help horses return to work earlier than with other therapies alone.

Shockwaves are high-energy sound waves that are transmitted to the affected body part. In human medicine, shockwave treatment has been performed for over 25 years to treat a number of urologic and orthopedic conditions in a non-invasive manner. In equine medicine, shockwave therapy is highly effective for the management of a variety of musculoskeletal disorders, including treatment of the back muscles.

Shockwave therapy is normally done on an outpatient basis. The horse usually requires only mild sedation and can remain standing comfortably throughout the procedure. Treatment usually takes 10-20 minutes. A significant improvement is achieved in the majority of cases and results generally show within days to weeks, depending on the underlying condition. In some cases it may be necessary to repeat the treatment several times. One of the main applications for shockwave therapy is decreasing healing time, and for horses in training or show horses, this means recovering from an injury quickly and getting back to into work faster with a smaller chance of recurrence.

This article was submitted by Kelly Anez, DVM,  
Pacific Crest Equine Services, Exeter CA

*For information about this or other veterinary matters relating to the horse,*

*please call (559) 592-4753*

[www.pacificcristequine.com](http://www.pacificcristequine.com)

## CALENDAR OF EVENTS

- September 7 Chapter Meeting - Deb Moerman's House - 7pm  
Everyone Welcome!
- September 14 DVIII - Entries OPEN  
[www.fresnocds.net](http://www.fresnocds.net)
- October 21 DVIII - Entries CLOSED
- October 23 Toys for Tots - Entries OPEN  
[www.fresnocds.net](http://www.fresnocds.net)
- October 26-28 Herr Conrad Schumacher Clinic - Clovis CA  
Auditing Info - Contact Renee: 559-260-0620
- October 31 Dressage in the Valley\*\*\* III  
Judge - Beverly Rogers "S"
- November 1 Beverly Rogers Clinic  
La Dolce Vita Equestrian Center
- November 20 Toys for Tots - Entries CLOSED
- December 4 Toys for Tots Open Schooling Show  
Judge - Shannon Lockwood "L"

## TRAINERS, JUDGES & CLINICIANS

<i>Jackie Ahl-Eckhaus</i>	USDF “L” Program Graduate, USDF Silver Medalist, FEI Competitor, Trainer, Instructor, Clinician, Breeder of top Dutch Horses
<i>Melissa Creswick</i>	International Dressage Judge (S), Sporthorse Breeding Judge, USDF Silver Medalist
<i>Loris Henry</i>	International Dressage Judge (S), Association of Professional Trainers and Instructors, FEI “I” Eventing Judge
<i>Renee Johnson</i>	USEF Dressage Judge (r), FEI Competitor, Trainer, Instructor, Clinician USDF Bronze, Silver, and Gold Medals
<i>Arlene Kelemen</i>	USDF “L” Program Graduate
<i>Linda Randall</i>	USDF “L” Program Graduate
<i>Merrie Velden</i>	Professional Trainer

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*"To ride a horse is to ride the sky"*

*~ Author Unknown*

*"A pony is a childhood dream, a horse is an adulthood treasure"*

*~ Rebecca Carol*

*"If you act like you've only got fifteen minutes, it'll take all day.  
Act like you've got all day and it'll take fifteen minutes."*

*~ Monty Roberts*

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strange”*

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Albion SL ~ MW ~ 17 1/2” seat

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## Newsletter Submissions & Ad Information

**Stories & Articles** from members are welcome & will be printed as space allows. Submissions are preferred via e-mail, but regular mail, fax and phone are okay also

**Classified Ads** run for one month. Ads can be sent via e-mail, fax or regular mail. *RENEW* ad by e-mail or phone for the following month by the 25th of each month. New businesses owned by Fresno CDS members can advertise for first month FREE. Additional months must be purchased as Display ads.

FresNotes is published bi-monthly for members of the  
Fresno Chapter of the  
California Dressage Society (CDS).

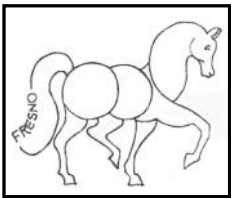
**Display Ads** must be camera-ready and e-mailed or mailed to the Newsletter Editor at the address below. Ads must be paid in advance. Please make checks payable to Fresno CDS.

Business Card	\$5/month
1/4 page	\$8/month
1/2 page	\$12/month
Full Page	\$20/month

**Deadline** for all items is the 25th of each month.

**Questions?** Contact Newsletter Editor:  
Patty Isaac  
756 E. Lawnbrook Drive  
Fresno, CA 93720  
Home/Fax: 559-434-3280

The California Dressage Society, formed in 1967, is a non-profit organization to further the interest in the equestrian sport called Dressage.



Patty Isaac, *Editor*  
756 E. Lawnbrook Dr.  
Fresno, CA 93720

**FresNotes** Sept/Oct '10